



Gymnastics, Dance and Cheer

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6404 Fair Oaks Blvd  
916-487-FLIP(3547)

### Tiny Dancers

2 1/2-3 yrs (& potty trained)  
(Ballet/Tap) - 45 min class

Day	Time	Teacher
Mon.	6:15pm	MK
Tue.	9:00am	AH
	3:30pm	KCS
Thur	4:30pm	AH
Sat.	11:00am	KCS

### Petite Dancers

4-5 years (Ballet/Tap) - 45 min class

Day	Time	Teacher
Mon.	5:30pm	MK
Tue.	4:15pm	KCS
Thur.	9:00am	**
	10:00am	AH
Sat	10:00am	MG

### Ballet

6-8 years - 60 min class

Day	Time	Teacher
Mon.	4:30pm	MK
Thur	5:30pm	MK

### Ballet/Tap

5-7 years - 45 min class

Day	Time	Teacher
Thur.	3:30pm	AH
	5:30pm	AH
Sat.	10:00am	KCS

### Beg. Jazz/Contemporary

6+ years - 60 min class

Day	Time	Teacher
Tue.	5:00pm	AM
Wed	4:00pm	KCS
Sat	11:00am	MG

8+ years-60 min class

Day	Time	Teacher
Thurs.	4:30pm	AM

### Intermediate Modern/Contemporary

10 years. - 60 min class

PREVIOUS DANCE EXP. REQUIRED

Day	Time	Teacher
Thur.	7:00pm	**

### Advanced Ballet/Contemporary

PREVIOUS DANCE EXP. REQUIRED

Day	Time	Teacher
Fri.	5:45pm	NP

### Beginning Jazz/Hip Hop

6-10 years - 60 min class

Day	Time	Teacher
Wed.	5:00pm	KCS
Wed.	6:00pm	KCS

8-13 years - 60 min class

Day	Time	Teacher
Tue.	4:00pm	MK
	6:00pm	MK

# Dance

### Intermediate Jazz/Hip Hop

12+ years - 60 min class

Day	Time	Teacher
Tue.	7:00pm	AM

### Beginning Hip Hop

4-6 years old - 45 min class

Day	Time	Teacher
Wed.	3:15pm	BH

### Hip Hop/Breakdancing

4-7 years - 1 hr. class

Day	Time	Teacher
Fri.	4:30pm	BH

### Hip Hop/Breakdancing

7+ years-1 hr. class

Day	Time	Teacher
Wed	4:00pm	BH
Fri.	3:30pm	BH

### Hip Hop/Breakdancing

6-10 years- 60 min class

Day	Time	Teacher
Wed	5:00pm	QT

8+ years- 60 min class

Day	Time	Teacher
Wed	5:45pm	QT

### \*\*SPECIALTY CLASSES\*\*

#### Theater Dance

6+ years-60 min. class

Day	Time	Teacher
Thur	3:30pm	MK

45 min Class - \$65/month  
60 min Class - \$70/month  
\$45 Lifetime Membership

All new students get 2 free trial classes!!

20% Discount on 2nd class!!

25% Discount on a 3rd class!

Check out our VIP program!  
*VIP students please call to check availability before dropping in.*

Updated 7/19/17