

Our VIP programs are designed to offer affordable classes to enhance your child's personal skills while developing a healthy workout schedule.

According to the Surgeon General,
"Kids should work out three times a week."
We will provide a safe environment for your kids to meet
friends and develop that healthy lifestyle!

This VIP status is for any athlete to enroll in at least 3 classes. Athletes can drop into additional classes based on availability and their skill level.

Athletes can only participate in a maximum of 3 hours of classes per day.

Ages 6 and under - \$135 Ages 7 and up - \$175

All VIP athletes get a \$5 discount on Kids Night Out! Kids Night Out is held every 2nd Saturday.

VIP athlets do not recieve make ups. Please schedule all drop in classes with the front desk.

6404 Fair Oaks blvd., Carmichael, CA 95608 916.487.3547 www.fliptastic.biz